

KESTON PARISH CHURCH

MONTHLY PEW SHEET

January 2025



Sun	5th Jan	8 am 10 am	No Morning Prayer BCP HC (1662) Celebrational Worship (non-Communion)
Mon	6th Jan	2 pm	No Morning Prayer or HC Book Reading Fellowship
Tue	7 th Jan	9.30 am	Prayer Walk
Fri	10 th Jan		NO Choir Practice
Sun	12th Jan	10am	Holy Communion Service
Mon	13th Jan	7.40 am 8 am	Morning Prayer Holy Communion (said)
Wed	15 th Jan	9.30am	Prayer Walk
		7 pm	Men's Group @ Greyhound
Fri	17 th Jan	12.30 pm	Funeral John Hills
			NO Choir Practice
Sat	18 th Jan	10 am	Beating the Blues Coffee Morning
Sun	19th Jan	10am	Holy Communion Service
			With Prayer for Healing & Wholeness
Mon	20th Jan	7.40 am 8 am	Morning Prayer Holy Communion (said)
Fri	24 th Jan	2.30 pm	Choir Practice
Sun	26th Jan	10am	Holy Communion Service
Mon	27th Jan	7.40 am 8 am	Morning Prayer Holy Communion (said)
Tue	28 th Jan	12.30 pm	Church Social @ Heathfields
Fri	31 st Jan	2.30 pm	Choir Practice
Sun	2nd Feb	8 am	Morning Prayer BCP HC (1662)
		10 am	Candlemas (non-Communion)
Mon	3rd Feb	7.40 am 8 am	Morning Prayer Holy Communion (said)
Tue	4 th Feb	9.30 am	Prayer Walk

WELCOME to this service today, especially if you are a visitor. Hope you leave feeling blessed and minded to come again. If you use a hearing aid, please put it to the “T” setting. Large print copies of the service are available – please ask.

HOLY COMMUNION is offered every Sunday at 10am (except the first Sunday of the month when it is at 8am) and each Monday morning at 8am in this Parish Church. At Communion we come together as members of the one Body of Christ. ***Everyone is welcome at the Lord’s Table, the table of Jesus Christ.*** If you require a gluten free wafer please inform one of the welcomers or the rector before the service. The wine is offered by the Common Cup, in line with the Canons of the Church of England, and as Jesus offered it to his disciples. Post-Covid, the practice of administering the wine by ‘intinction’ has persisted, with an assumption that it is more hygienic. Intinction is where, in our church, the rector will dip the wafer into the wine, before offering it with the exhortation ‘the Body and Blood of Christ’. There is no proven research which says that intinction is more hygienic than the Common Cup. Scientific research has shown that the risk of infection from the Common Cup is minimal, not least by the priests who over many centuries have been consuming all the wine after many communicants had drunk from the same cup. Cathedrals with large congregations have largely returned to the Common Cup and do not permit intinction under any circumstances. Receiving in one kind is to receive the sacrament in its entirety.

When invited to approach the table, please: Come up **first** if you wish to receive from the **Common Cup**; Approach **afterwards** if you wish to receive **by intinction**; If you just want a **blessing**, come at either time and **bring your service booklet with you** and bow your head. Please follow the guidance of the sidespeople.

BAPTISMS, WEDDINGS & FUNERALS – These are important landmarks in the life of any family. Your Parish Church is here to mark these important times with you. Baptisms, also called christenings can be conducted at any age – please ask. Confirmation is the next step if you were baptised as a child or an infant. It is usually offered just after you start Secondary School and is when you make the promises for yourselves. Don’t worry if you have passed that age, God always welcomes you. If you get baptised as an adult, you will usually be invited to be confirmed at the same time. Please speak to the Rector, Reverend Belinda on 01689 853186 or by email rector@kestonparishchurch.org.uk regarding any of the above.

1ST SUNDAY OF THE MONTH SERVICE is Celebrational Worship and is a non Communion service including contemporary hymns and songs. It is a service of the Word (built around the Word of God in scripture) and is intergenerational and suitable for all the family. Tea, coffee, squash and biscuits are offered after the service. All are very welcome. Bring a friend.

MONDAYS we will offer MORNING PRAYER @ 7.40am and @ 8 am SAID (1/2 hour) Communion Service. This is to pray for the needs of our Parish, its Church and its Community. Please do pop by on your way to work, a good start to the week as we place our week in God’s hands. There is a free car park while you attend. All are very welcome. **NO services on Monday 6th January 2025.**

BOOK READING FELLOWSHIP – Monday 6th January 2025 at 2 pm – Come and discuss books with some Christian content that you have read, and enjoy fellowship and friendship, a cup of tea/coffee and cake! Please let Sally know if you can come on sally.churchus@btinternet.com or 0208 462 8750.

PRAYER WALKS – Every 1st Tuesday & 3rd Wednesday of the month, 7th Jan & 15th Jan, then Tue 4th & Wed 19th Feb. Please come along with or without a dog, and enjoy a good chatter, then stop, reflect and pray. We assemble at 9.30 am on Commonsides on the green near the Greyhound Pub, and usually end up at/in Heathfields at 11ish to have a ‘cuppa’.

MEN’S PUB SOCIAL – Every 3rd Wednesday of the month **15th Jan & 19th Feb** at the Greyhound pub.

‘BEAT THE BLUES’ COFFEE MORNING SATURDAY 18th January at 10 am in the Church Hall. There will be a bring-and-buy table, a raffle and lots of hot drinks and cakes. Entrance price £4 which includes a cup of tea/coffee and slice of cake.

HEALING & WHOLENESS ON 3RD SUNDAY MORNING SERVICE – On the third Sunday of each month, (**19th Jan & 16th Feb**) just after taking Communion there is the opportunity to go through to the foyer where church members will be happy to pray with and for you.

CHURCH SOCIALS – the next Church get together is on **Tuesday 28th January at Heathfields at 12.30 pm.** Please put your name on the list if you would like to come along.

CANDLEMAS SERVICE – Sunday 2nd February @ 10 am – This marks the ending of the Christmas and Epiphany season. Christmas Decorations are put away, and we celebrate the presentation of Jesus in the temple with lighted candles, a family-friendly service. Please come along.

CHRISTMAS COLLECTIONS AND CHARITABLE GIVING – Our collections over the Christmas season have been broken down and given to the following Charities: Carol Service – to McMillan Cancer Support - £330.60. Christingle/Children's Society £325.72. Christmas Eve, and Christmas Day - £236.44 for Church funds, and £147.75 for Demelza Charity and £150 for Centrepoin. We have also sent £125 to the Spinnaker Trust, and £75 to Bromley LATCH (Living Amicably Together in Caring Homes) which helps local homeless people, and work side by side with the single hidden homeless aged 18 and over. Thank you all for your generosity.

5th January - Epiphany

**Creator of the heavens, who led the Magi by a star
To worship the Christ-child: guide and sustain us, that we
may find our journey's end in Jesus Christ our Lord. Amen**

1 John 3: 22 – 4: 1 – 6; Matthew 4: 12 – 17, 23 to end (NLT Bible)

12th January – Baptism of Christ

**Heavenly Father, at the Jordan you revealed Jesus
as your Son: may we recognise him as our Lord
and know ourselves to be your beloved children;
through Jesus Christ our Saviour. Amen**

Isaiah 43: 1 – 7; Luke 3: 15 – 17, 21 – 22 (NRSV Bible)

19th January – 2nd Sunday of Epiphany

**Eternal Lord, our beginning and our end: bring us with the
whole creation to your glory, hidden through past ages and
made known in Jesus Christ our Lord. Amen**

Isaiah 62: 1 – 5; John 2: 1 – 11 (NRSV Bible)

26th January – 3rd Sunday of Epiphany

**God of all mercy, your Son proclaimed good news to the poor,
release to the captives, and freedom to the oppressed:
anoint us with your Holy Spirit and set all your people free
to praise you in Christ our Lord. Amen**

Nehemiah 8: 1 – 3, 5 – 6, 8 – 10; Luke 4: 14 – 21 (NRSV Bible)

OUR SAFEGUARDING STATEMENT - We want our church to be a safe place for everyone – a place where the love of God shines through all we do. Therefore, in accordance with the Government, the Church of England, the Charity Commission and our insurance company, our workers/volunteers are safely recruited (including DBS check if legally eligible), regularly trained and we adhere to Diocesan Safeguarding Policies. Our Safeguarding Officer is Steff Nash please speak to him if you have any questions or concerns or contact him on safeguarding@kestonparishchurch.org.uk